



There are lots of birds to see in the BRVP, kingfishers, woodpeckers, ducks and geese, blue tits and robins – here are a few tips for bird watching!

1. **Preparation**– make sure you go with an adult or tell someone where you are. Wear appropriate clothes, wrap up warm or take a hat and wear sunscreen in summer.
2. **Noise**–Its best to be quiet so you get chance to see birds before they fly away but you don't have to stay totally silent all the time.
3. **Your behaviour**–Walk slowly, wear suitable clothes and look for bird movements, listen for calls and think about where birds will be. Remember to respect birds in their natural habitat and do not disturb them.



4. **Notes**–A good notebook and a pencil are essentials to record details. Essential information is the date, location and species of bird. Useful information might be the weather or interesting behaviour.



5. **Binoculars or a telescope** are essential. They will make things appear bigger and make birds easier to see.

6. **Field guides**–help you identify what you see. There are lots to choose from and you don't always need to take it with you if your notes are good enough you can look things up later!



7. **Photographs**–Taking photos is a challenge but practise will bring results! You need patience and need to keep still and quiet. Bird watching from hides is a good idea as the birds will get used to the hide and not mind you being there to take photos.



Remember this is only a start....good luck.....